

WEEK 1

Downey House 2014/15

MONDAY (RMF)

Chicken Tikka
Masala & Boiled
Rice

Tomato
& Pasta Bake

Sweetcorn
Potato Wedges
Naan Bread

Ice-cream

TUESDAY

Spaghetti
Bolognaise

Baked Potato
with Assorted
Fillings

Broccoli
Baked Potato

Jelly/Fruit

WEDNESDAY

Chicken Broccoli
Pasta Bake

Hot Dog

Peas
Green Salad
Creamed
Potatoes

Fruit Sponge &
Custard

THURSDAY (RMF)

Chicken
Wraps

French Bread
Pizza

Coleslaw
Carrots
Champ

Cup Cake

FRIDAY

Fish in Bread
Crumbs
with Lemon &
Tartare

Chicken
Stir-fry

Mixed Vegetables
Chips

Creamed Rice
& Peaches

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WEEK 2

Downey House 2014/15

MONDAY

Beef Casserole

Tomato
& Pasta Bake

Carrot &
Parsnips
Creamed Potato

Pancake

TUESDAY (RMF)

Chicken
Fajita

Vegetable
Curry & Rice

Coleslaw
Green Salad
Oven Cubed
Potato

Chocolate
Brownie

WEDNESDAY

Baked Gammon

Savoury
Mince

Peas
Carrots
Oven Roast
Potatoes

Fruit Crumble
& Custard

THURSDAY (RMF)

Chicken
Corn Pie

Tuna/Cheese
Panini

Broccoli
Mixed Salad
Creamed Potato

Jam Sponge
& Custard

FRIDAY

Fish Fingers

Honey Glazed
Chicken
Drumstick

Beans
Peas
Chips

Shortbread

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WEEK 3

Downey House 2014/15

MONDAY

Chinese
Beef Noodles

Tuna & Sweetcorn
Pasta Bake

Roast Vegetables
Garlic Potatoes

Apple Crumble
Custard

TUESDAY (RMF)

Chicken Sweet &
Sour with Rice

Tomato Pasta
Bake

Cauliflower Bake
Baked Potato

Cupcake

WEDNESDAY

Roast Pork

French Bread
Pizza

Baton Carrots
Creamed Potato

Fresh Fruit Salad

THURSDAY (RMF)

Chicken Burger
Bap

Cheese Panini

Green Salad
Sweetcorn
Chipped

Ice-Cream
Chocolate Sauce

FRIDAY

Lasagne with
Side Salad

Hot Dog

Peas
Baked Potato

Melon Boat

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WEEK 4

Downey House 2014/15

MONDAY

Baked Sausage

Creamy Chicken
Tagliatelle

Creamed
Potatoes
Beans

Creamed Rice

TUESDAY

(RMF)

Cheese &
Tomato Pizza

Chicken Noodles

Roasted
Vegetables

Lemon Drizzle
Cake

WEDNESDAY

Cottage
Pie

Tomato Pasta
Bake

Cabbage
Creamed
Potatoes

Chocolate
Sponge
Custard

THURSDAY

(RMF)

Chicken
Curry & Rice

Macaroni Cheese

Oven Roasted
Vegetables
Broccoli

Jelly & Fruit

FRIDAY

Beef Burger
Bap/Salad

Battered Fish

Chips
Garden Peas

Flakemeal
Biscuits

EAT
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